



**Behçet's Syndrome Society**



# **Annual Report 2017**

**Registered Charity No: 326679**

# Contents

## Page

Medical Panel 3

Chair's Report 7

Fundraising Report 9

Trustees' Report 11

Contact Details 13

Financial Report 14

Independent Examiner's Report 18

## Medical Advisory Panel



**Name:** Robert J Moots (Chair of Advisory Panel)  
**Job title:** Professor of Rheumatology/Consultant Rheumatologist  
**Qualifications/Post Nominals:** BSc (Hons), MB BS (Hons), PhD, FRCP  
**Where qualified:** Imperial College, London  
**Year of initial qualification:** 1985  
**Currently practising at:** University Hospital Aintree, University of Liverpool  
**Special interests:** Clinical and basic science, Behçet's disease, systemic vasculitis, Raynaud's and scleroderma, rheumatoid arthritis, immunotherapy of rheumatic diseases



**Name:** Adnan Al-Araji  
**Job title:** Consultant Neurologist  
**Qualifications/Post Nominals:** MB ChB, FRCP, FRCP (Glasg.)  
**Where qualified:** Baghdad, Iraq  
**Year of initial qualification:** 1977  
**Currently practising at:** University Hospital of North Staffordshire, Stoke-on-Trent  
**Special interests:** Neuro-Behçet's disease, multiple sclerosis and other inflammatory diseases of the central nervous system



**Name:** Clive B Archer  
**Job title:** Cons Dermatologist & Hon Clinical Snr Lecturer  
**Qualifications/ Post Nominals:** BScMD, PhD, MSc Med Ed (Lond), FRCP Edin, FRCP (Lond)  
**Where qualified:** Guy's Hospital Medical School, University of London  
**Year of initial qualification:** 1978  
**Currently practising at:** Bristol Dermatology Centre, University Hospitals Bristol NHS Foundation Trust, Bristol  
**Special interests:** Clinical interests in inflammatory skin diseases, benign and malignant skin tumours, immunobullous diseases; research interests in immunopharmacology, cell regulatory mechanisms and medical education



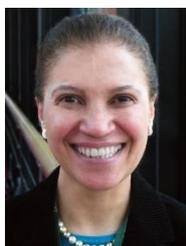
**Name:** Reuben C S Ayres  
**Job title:** Consultant Gastroenterologist  
**Qualifications/Post Nominals:** BM, DM, FRCP  
**Where qualified:** Southampton  
**Year of initial qualification:** 1982  
**Currently practising at:** Royal Devon & Exeter Foundation Trust  
**Special interests:** Colorectal cancer, inflammatory bowel disease



**Name:** Paul Brogan  
**Job title:** Senior Lecturer in Paediatric Vasculitis  
**Qualifications/Post Nominals:** BSc(Hon), MBChB(Hon), MRCPCH, MSc, PhD  
**Where qualified:** Manchester Medical School  
**Year of initial qualification:** 1993  
**Currently practising at:** Great Ormond St Hospital, London  
**Special interests:** Vasculitis, vascular inflammation in the young



**Name:** Dr Andrew de Burgh-Thomas  
**Job title:** Consultant in Genitourinary Medicine  
**Qualifications/Post Nominals:** BSc, MBBS, MRCP, Dip GUM, Dip HIV  
**Where qualified:** University of London  
**Year of initial qualification:** 1994  
**Currently practising at:** Gloucester Royal Hospital, Cheltenham General Hospital and Bristol Southmead Hospital  
**Member of:** British Association of Sexual Health and HIV, British Medical Association, Royal College of Physicians  
**Special interests:** HIV and genital dermatology



**Name:** Farida Fortune CBE  
**Qualifications/Post Nominals:** BDS, MBBS, FRCS, FRCP, FDSRCS, FGDP, DipEdTMD, PhD  
**Job title:** Dean for Dentistry; Director, Clinical Academic Unit  
**Where qualified:** University College London  
**Year of initial qualification:** Dentistry 1975; Medicine 1980  
**Currently practicing at:** Dental Institute, Barts and The London NHS Trust  
**Special interests:** Oral manifestations of systemic disease including immune related/autoinflammatory conditions such as Behçet's disease, Sjogren's syndrome, orofacial granulomatous and oral Crohn's disease, pemphigus and pemphigoid. Clinical research in inflammatory mucosal disease. Undergraduate and postgraduate dental and medical education, specialising in teaching the medical support subjects for dentistry.



**Name:** Dorian O Haskard  
**Job title:** Professor of Medicine/Honorary Consultant Rheumatologist  
**Qualifications/Post Nominals:** DM FRCP FMedSci  
**Where qualified:** University of London  
**Year of initial qualification:** 1977  
**Currently practising at:** Imperial College London/Hammersmith Hospital  
**Special interests:** Vascular inflammation



**Name:** Desmond Kidd  
**Job title:** Consultant Neurologist  
**Qualifications/Post Nominals:** MD FRCP  
**Where qualified:** Ireland  
**Year of initial qualification:** 1986  
**Currently practising at:** Royal Free Hospital, London  
**Special interests:** Neurological complications of inflammatory diseases, particularly Behçet's syndrome, sarcoidosis and histiocytosis; neuro-ophthalmology



**Name:** Sue Lightman  
**Job title:** Professor of Clinical Ophthalmology/Consultant Ophthalmologist  
**Qualifications/Post Nominals:** FRCP FRCOphth PhD FMedSci  
**Where qualified:** University of London  
**Year of initial qualification:** 1975  
**Currently practising at:** Moorfields Eye Hospital  
**Special interests:** Uveitis in adults and children, infective eye disease, ocular inflammation of all types associated with systemic disease



**Name:** Philip Ian Murray  
**Job title:** Professor of Ophthalmology, University of Birmingham  
**Qualifications/Post Nominals:** MBBS, DO(RCS), PhD, FRCP, FRCS, FRCOphth  
**Where qualified:** St George's Hospital Medical School, University of London  
**Year of initial qualification:** 1978  
**Currently practising at:** Birmingham and Midland Eye Centre, City Hospital, Sandwell and West Birmingham Hospitals NHS Trust  
**Special interests:** Scleritis; all types of uveitis including Behçet's disease, HIV-related eye disease, cataract surgery in uveitis patients. *Laboratory:* The eye has evolved many mechanisms to prevent significant inflammation, which can lead to visual impairment. I am investigating why in patients with uveitis, the eye cannot control the inflammation. Jazz!



**Name:** Catherine Nelson-Piercy  
**Job title:** Professor Obstetric Physician  
**Qualifications/ Post Nominals:** MBBSMA, FRCP, FRCOG  
**Where qualified:** Cambridge University and St Bartholomew's Hospital  
**Year of initial qualification:** 1986  
**Currently practising at:** Guy's and St Thomas' Hospitals Foundation Trust and Queen Charlotte's Hospital, Imperial College Healthcare Trust  
**Special interests:** Medical problems in pregnancy, particularly connective tissue diseases, thromboembolism, cardiac and renal disease



**Name:** Dr Jane Setterfield  
**Job title:** Senior Lecturer/Consultant Dermatologist  
**Qualifications/Post Nominals:** BDS, DCH, DRCOG, MD, FRCP  
**Where qualified:** University College Hospital, London  
**Year of initial qualification:** Dentistry 1980, Medicine 1987  
**Currently practising at:** Guy's Hospital and St Mary's, Paddington, London  
**Member of:** British Association of Dermatology, British Association of Oral Medicine, British Society for Investigative Dermatology, BMA  
**Special interests:** Oral medicine, immunobullous disease, autoimmune disease and vulval dermatology



**Name:** Graham Wallace  
**Job title:** Senior Lecturer  
**Qualifications/Post Nominals:** BSc Immunology, PhD  
**Where qualified:** University of London  
**Year of initial qualification:** 1985 (PhD)  
**Currently practicing at:** School of Immunity and Infection, University of Birmingham  
**Special interests:** Ocular immunology, Behçet's disease, immunogenetics, innate immunity

# Chair's Report

## Overview

This year has been a challenging but successful time for the Society, which continues to grow in strength to support its members in accordance with its Charter. The challenging aspect has manifest itself with much turbulence within the Board, both Officers and Trustees - indeed, a fundamental lack of sufficient trustees at one point - and the cessation of the Help Line, due to insufficient volunteers to man it effectively. Success has been evident starting with the Annual Conference and excellent Medical Presentations, in Birmingham, the first ever Behçet's Conference held in Northern Ireland (Belfast), a popular Family Weekend in Cumbria, initiatives within the research community, and particularly the documentation of a Behçet's Drug Pathway, and the continued developments within the three Behçet's Patient Centres. This has all been underpinned by record membership figures and much fundraising activities by members and friends which is highly commendable.

## Annual Conference

The Annual General Meeting and Conference took place at The Plough and Harrow, Birmingham, on 15 October, attended by 73 people. The first part of the day was taken up with the business of the society, followed by Medical presentations. These covered an Overview of Behçet's Disease (BD) and therapies, Current research in BD, Psychological factors in living with BD, BD in children and update on Behçet's Patient Support, and findings from the health-related quality of life (HRQoL) survey.

## The 17<sup>th</sup> International Conference on Behçet's Disease –incl Patients Conference 2016

Members of the Behçet's Medical Panel and Behçet's Forum attended this important bi-Annual conference in Matera, Italy, and a full report was produced in Newsletter No 39 (Spring 2017). The Society funded a bursary so that Peter and Louise May could attend the International Patients Conference, as part of the above, who reported back fully in Newsletter No 38. They were the sole UK patient representatives, amongst a myriad of patient representatives from other countries.

## The Behçet's Forum Meeting

The Behçet's Forum met on 14 October, in Birmingham and reported back in detail in the Newsletter; which remains the primary source of current information for patients, underpinned by much 'base information' on the Behçet's Web Site. Professor Moots reminded the group of one of the successes of the Behçet's Patient Centres, the development of the BD Drug Pathway, which forms an essential guide for doctors and clinicians. The topic of How to define a BD Flare consistently, was identified as a core issue that required attention – and this has yet to be achieved.

## The first Belfast Behçet's Conference

This was held on 8 October, attended by 57 doctors, patients, families and friends. The Rt Hon Margaret Richie MP opened the meeting and emphasised the need for a 'joined up service for people with BD'. A number of presentations were offered from representatives from the Liverpool and Birmingham Centres of Excellence, to include the origins of BD, a Patient's Journey, the role of Support Coordinators, supporting patients by an Integrated Community, background to genetic research and a session on Mindfulness.

## Behçet's Families Weekend – Bendrigg Lodge, Cumbria

A highly successful Family Weekend, was held at the outstanding Bendrigg Trust Lodge, Old Hutton, Kendal on 3/4 June 2017. Forty six people attended who made maximum use of the excellent facilities; which has been set up to provide a wide range of adventure activities, led by highly qualified and experienced Tutors, for all ages and abilities. Outstanding indoor facilities complement the beautiful outdoor venues and provide opportunities for active participation in all weather conditions. As a prospective new trustee, I attended, slightly on the spur of the moment, which offered an ideal opportunity to meet patients, families and friends, together with fellow Behçet's trustees and support staff. Participants ranged in age from 18 months to over 60, with activities including canoeing, zip wire, indoor caving, a low ropes course and a sensory room. In the evening, a get together round a camp fire was most popular. Julie

Collier is congratulated on masterminding this administratively difficult and time-consuming task, and with 'bringing it all together' – which presented a number of lessons for the future which will be addressed by the Board.

### **BSS Helpline**

During the year our Helpline had to cease for lack of suitable personnel to man the facility; which is seen as a core activity in the Society. A four-month trial is now taking place using the Support Coordinators within the Behçet's Patient Centres, to see if this can successfully be used as the model for the future. Future forthcoming Data Protection legislation and duty of care issues, and indeed potential liability considerations, will necessitate a considered approach. It may well be that since the earlier days of the Society, with enhanced Society guidance on the Web Site, the introduction of the Behçet's Patient Centres (BPC) and Centres of Excellence, and indeed the NHS Choices Home Page the nature of the requirement has subtly changed. Moreover, the task does rely on securing the right individuals to take on the role, and the Trustees will need to consider carefully if individuals continue to routinely change as a consequence of their own illness, which lies at the nexus of the problem. The Board will review progress after the trial and take appropriate steps as necessary for the future of this important requirement.

### **Newsletter**

Clare Griffith continues to provide outstanding service for this essential function; issued quarterly. It remains fundamental to gathering and publishing information useful to those suffering with BD.

### **BSS Factsheet**

Routinely, our Medial Factsheets are reviewed annually. This is vital to ensure they remain current, but also important, in perceptual terms, to ensure confidence in the information the Society provides is seen as current and up to date. Version numbers are being introduced to ensure version control.

### **Local Support Groups**

Difficulty is still being experienced with increasing the number of LSG throughout the country and the nature of this function will be reviewed in 2017/8.

### **Fundraising and Membership**

Members, family and friends have continued to surprise us with exciting and innovative ways to support the Society. Fantastic fundraising activities have accumulated in the region of £18k to boost our funds this year! A fuller report follows, but we thank everyone for such a brilliant effort. I should like to thank Langland Bay Golf Club for their particularly generosity in raising £8000, in various ways, and nominating us as its Charity of the Year. Membership has maintained its buoyant state, with over 1000 names on our database, and I would urge members to encourage further 'additions to our family' in future years.

### **Administrator**

Julie Collier has continued to provide excellent service as part-time Administrator. Whilst requesting slightly reduced hours, the benefit to the society of this post remains both evident and fundamental; without which administrative support for the society would be solely dependent on volunteers afflicted with Behçet's. We will need to consider whether additional support is needed during 2017/8, to bring this support up to envisaged levels, to help prosecute identified initiatives.

### **Governance**

The withdrawal of two chairs (Alan Booth and Gill Millane) and a couple of trustees (Fionnuala McKinley, Tony Wright) in quick succession during the year has tested the governance structure. The aim will to recruit further trustees, so that proper delineation can be maintained between the Officers (executive functions) and a larger more independent group of Trustees. As the new Chair (and cognisant that I am the first such one not to suffer from Behçet's) I congratulate the trustees for navigating their way so successfully through this reporting period; and particularly Hazel McLachlan for importantly and resolutely 'holding the fort' in the interregnum, and in such fine fashion as Vice Chair.

### **Tony Thornburn OBE**

**October 2017**

## Fundraising Activities

Another year, another report about the fantastic fund-raising achievements of our members, family and friends who continue to surprise us with exciting and innovative ways to support the Society. We thank them for their wonderful efforts.



Darryl Robinson held a charity night at the Glasgow Tiger's Speedway. She raised the amazing sum of £3843.

Grace Collins ran the Admirals Swansea Bay 10k in 1 hour 8 minutes and raised £259.

Lauren Osborne took part in the Bognor Regis Sea Triathlon and raised £430.



Pru and Bob Tunstall were married in January this year. When inviting guests to the wedding they suggested that instead of the usual gifts they would very much appreciate donations to the Society towards the funding of research. They have sent £840 which will be directed as requested.

Heulwen Earl continues to support the Society in a variety of ways. This year she sold Easter eggs in her street and raised £30.



Not content with the news that he was to be a father again, Dan Humphries jumped at the chance to take up the place the Society had been offered at the London Marathon. He and his wife



Rachael (Trustee) also held a vintage afternoon tea party and family afternoon. This event, plus a raffle at Dan's workplace and the running of the Marathon raised over £2532.



Ruth Favede has been raising funds through a Birthday Ball since 2011. The idea originated when she turned 40 and decided that she would like to celebrate with a ladies only Ball and raise money for a great cause too. So far, the Balls have raised around £7000.





Keen sportsman Richard Evans marked his year as Langland Bay Golf Club's Captain by naming the Society as its Charity of the Year. His choice was in recognition of the wonderful support his sister Cath Duncan had received from the Behcet's Centre of Excellence in London. Amongst the fund-raising events Richard had organised was a cycle ride from Mumbles to Cardiff. Other events included a Christmas pantomime, raffles, auctions and Captain's day competitions. Our Treasurer, Alan Lane, travelled to Swansea to present a Certificate of Appreciation to the Club for raising almost £8000.



Robbie Tunstall, Adam Spence and Paul Harmsworth raised £590.50 in honour of Pru Tunstall. They took part in the Yorkshire Tough Mudder last month and split the fantastic funds raised between BSS and also Macmillan. The pictures show before and after the mudder! They were also joined on the day by their friend Colin Russell.



- 🍪 Jan Mather and her Mother produced more beautiful cards for Christmas and again they were a sell-out!
- 🍪 Vic Choules held a fundraising event and raised £500 for the society.
- 🍪 Val Bonar holds regular car boot sales and has raised hundreds of £'s over the years!
- 🍪 Malcolm Matthews continues to collect stamps, sell them and donate the proceeds to the Society.

We held a Behcet's charity ball following the AGM in October 2016. Thanks to Prof. Phil Murray and the Soul Providers for the excellent music. We held a raffle and raised over £1000.



The British Association of Dermatologists gave us a grant of £3000 towards the 2017 Family weekend in Cumbria.

The Society also sells various fund-raising items including T-shirts, wrist bands, wedding favours and pens. Keyrings and Badges have been very popular and sold out very quickly.

It's thanks to these fantastic fund-raisers that the Society is able to provide grants and support on-going and new research into the condition, so once again a huge thank you!



**Judi Scott (Hon. Secretary) and Julie Collier (Administrator)**

## Report of the Trustees for the year ended 31 August 2017

The trustees present their report along with the financial statements of the charity for the year ended 31 August 2017. The financial statements have been prepared in accordance with the accounting policies set out in this report and comply with the charity's trust deed and applicable law.

### Constitution and objects

The Behçet's Syndrome Society is constituted under a trust deed dated 11 October 2008 and is a registered charity No 326679.

The object of the charity is to relieve and mitigate the distress of persons suffering from Behçet's Disease by:-

- promoting the study of the cause and treatment of the disease and allied conditions.
- gathering and publishing information useful to sufferers and the general public
- co-operating with the medical, allied professions and other societies with similar aims.
- providing financial assistance to relieve poverty among Behçet's Patients.

### Organisation

The trustees who have served during the year and since the year-end are set out on page 13. Trustees are elected at any time during the year and the trustees are presented to the members at the Annual General Meeting.

The trustees act as a management committee and meet quarterly to administer the business of the society. All trustees are unpaid volunteers working on behalf of the Society in their own time.

### Trustees' responsibilities in relation to the financial statements

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing those financial statements, the trustees are required to: -

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on a 'going concern' basis unless it is inappropriate to presume that the charity will continue in business

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### Reserves

The trustees aim to maintain reserves at a level that lies approximately between the total income that the Society would expect in a six month period and that in a full financial year: currently the reserves are slightly higher than that so the Board will be looking into additional projects and services that can be undertaken for members in the year ahead.

### Risks and public benefits

The trustees do not consider that the Society faces any significant risks in the near future, but they are mindful that the level of subscriptions and donations has tended to drop recently as more members have become eligible for free membership from being in receipt of UK state benefits and will continue to monitor the situation closely.

The Trustees confirm that they have complied with the duty in section 17(5) of the Charities Act 2011 to have due regard to the guidance published by the Charity Commission.

**Approved by the Trustees and signed on their behalf by**

**Tony Thornburn OBE**

**Chair**

**5 October 2017**

# Staff and Trustees

## Trustees

Tony Thornburn OBE (Chair)  
Richard West (Vice-Chair)  
Judi Scott (Hon Secretary)  
Alan Lane (Hon Treasurer)  
Mark Friston  
Rachael Humphreys  
Hazel McLachlan  
Amanda Moseley

## Administrator

Julie Collier

## Website / Newsletter editor

Clare Griffiths

## Helpline co-ordinator

vacancy

## Medical Advisory Panel

Prof Rob Moots  
Dr Adnan Al-Araji  
Dr Clive Archer  
Dr Reuben Ayres  
Dr Paul Brogan  
Dr Andrew de Burgh-Thomas  
Prof Farida Fortune  
Prof Dorian Haskard  
Dr Desmond Kidd  
Prof Sue Lightman  
Prof Phil Murray  
Dr Catherine Nelson-Piercy  
Dr Jane Setterfield  
Dr Graham Wallace

## Banks

CAF Bank Limited  
25 Kings Hill Avenue  
Kings Hill  
WEST MALLING  
ME19 4JQ

Barclays Bank plc  
1250 High Road, Whetstone  
London N20 0PB

## Independent Examiner of Accounts

Critchleys Audit LLP  
23-38 Hythe Bridge Street  
OXFORD  
OX1 2EP

## Administration Office

Behçet's Syndrome Society  
Kemp House  
152-160 City Road  
LONDON  
EC1V 2NX

Office Tel: 0345 130 7328  
Helpline Tel: 0345 130 7329  
Email: [info@behcetsdisease.org.uk](mailto:info@behcetsdisease.org.uk)  
Web: [www.behcets.org.uk](http://www.behcets.org.uk)

**Registered Charity No: 326679**

# Report on Financial Statement 2016/17

## Another good year for the Society

The Society's finances continue to be in a strong position, which is enabling the Trustees to consider expanding our work in a number of ways.

The annual membership subscription has not been raised for over five years and remains at £20, with exemption for those in receipt of UK state benefits, who form an increasing proportion of our members, with the result that our total income from subscriptions has been gradually decreasing.

We continue to rely for income almost entirely on the subscriptions and generous donations of our members, some of whom have worked hard during the year to raise funds through a wide variety of events. We are particularly grateful to the Langland Bay Golf Club, near Swansea, for making the Society its 'Charity of the Year' in 2016 and raising over £8000 to support our work.

There have been two significant grants from other bodies during the year: a sum of over £8000 from NI Awards for All supported a conference in Northern Ireland and a grant of £3000 was received from the British Association of Dermatologists.

The continuing strong financial position of the Society has enabled the Trustees to run two Family Weekends without charge to members attending and to agree to fund a research project at the University of Liverpool into the incidence of Behçet's in children. It is also hoped to fund another project during the forthcoming year.

**The General Fund** received income of £63.5k, including £9.1k of subscriptions, £24.8k of donations and activities and sales of £11.9k. The expenditure from this fund was £54.7k. In addition the sum of £14k was transferred to the Restricted Fund to finance the University of Liverpool grant, after which there was a net deficit on the General Fund of £5.1k, giving accumulated reserves of £76.3k.

**The Restricted Fund** had a total income of £1.3k from donations and £14k from the above transfer. The Grant to the University of

Liverpool is shown in the accounts under 'Creditors' as it represents a commitment against the fund. The accumulated reserve on this fund now stands at £13.8k.

## Membership

The Society's membership has remained stable. On 1 September 2017, we had 931 full members, compared with 945 on the corresponding date last year. In addition there were 8 junior members and 54 associate members (most of whom are medical professionals).

The total number of names on our database was 1095 on that date, compared with 1050 the previous year, of whom 893 are Behçet's patients. However these figures include a few members whose subscriptions were more than a year in arrears, from whom we hope to receive subscriptions very soon to avoid having to remove their names from our mailing list at our forthcoming annual review.

The number of members in receipt of UK state benefits, including retirement pensions was 689, compared with 617 the previous year. These are entitled to free membership but many make donations when they can, for which we are very grateful.

Subscriptions may be paid by direct debit, by one-off card through the web site or cheque payment through our office.

Over 300 members make a substantial addition to the Society's finances by Gift Aiding their subscriptions and we would very much encourage all those who pay UK Income Tax or Capital Gains Tax to consider doing so, by means of the declaration on the annual membership renewal form.

## Summary

Both the Society's financial and membership figures are in very good shape and the Trustees are optimistic that the Society will continue to go from strength to strength.

**Alan Lane, Hon. Treasurer**

**October 2017**

**Statement of Financial Activities and Balance Sheet  
for the year ended 31 August 2017**

|   | General<br>Fund | Restricted<br>Fund | Total<br>2017  | Total<br>2016 |        |
|---|-----------------|--------------------|----------------|---------------|--------|
|   | £               | £                  | £              | £             |        |
| <b>Income and endowments</b>                  |                 |                    |                |               |        |
| Donations                                     | 24 844          | 1 280              | 26 124         | 24 296        |        |
| Subscriptions                                 | 9 135           |                    | 9 135          | 10 839        |        |
| Gift Aid tax reclaimed                        | 2 388           | 37                 | 2 425          | 3 599         |        |
| Grants received                               | 11 756          |                    | 11 756         | 0             | Note 6 |
| Fundraising activities                        | 10 875          |                    | 10 875         | 7 315         |        |
| Sales of goods                                | 1 019           |                    | 1 019          | 1 628         |        |
| Charitable activities income                  | 337             |                    | 337            | 199           |        |
| Other   | 3 152           |                    | 3 152          | 3 542         | Note 7 |
| <b>Total income and endowments</b>            | <b>63 506</b>   | <b>1 317</b>       | <b>64 823</b>  | <b>51 418</b> |        |
| <b>Expenditure on charitable activities</b>   |                 |                    |                |               |        |
| Trading costs                                 | 844             |                    | 844            | 382           |        |
| Event costs                                   | 11 103          |                    | 11 103         | 638           |        |
| Fundraising staff costs                       | 7 361           |                    | 7 361          | 5 185         | Note 8 |
| Other fundraising costs                       | 216             |                    | 0              | 216           |        |
| Staff recruitment                             | 0               |                    | 0              | 151           |        |
| Grants to individuals                         | 3 073           |                    | 3 073          | 3 004         |        |
| Research grants                               | 0               | 14 000             | 14 000         | 0             |        |
| Subscriptions to other organizations          | 315             |                    | 315            | 390           |        |
| Helpline costs                                | 1 239           |                    | 1 239          | 285           |        |
| Charitable support staff costs                | 2 851           |                    | 2 851          | 2 149         | Note 8 |
| Employment rebate                             | -830            |                    | -830           | -1 545        | Note 8 |
| Travel and subsistence                        | 3 607           |                    | 3 607          | 1 558         |        |
| Insurance                                     | 481             |                    | 481            | 240           |        |
| Administrative staff costs                    | 2 454           |                    | 2 454          | 2 162         | Note 8 |
| Telephone charges                             | 319             |                    | 319            | 457           |        |
| Printing, postage, stationery and materials   | 2 614           |                    | 2 614          | 1 343         |        |
| Equipment purchases                           | 50              |                    | 50             | 956           |        |
| Newsletter                                    | 8 081           |                    | 8 081          | 7 734         |        |
| Web site and publicity                        | 1 190           |                    | 1 190          | 3 964         |        |
| Public relations staff costs                  | 2 454           |                    | 2 454          | 2 149         | Note 8 |
| AGM expenditure                               | 4 351           |                    | 4 351          | 6 109         |        |
| Governance costs                              | 2 819           |                    | 2 819          | 1 726         |        |
| Other   | 107             |                    | 107            | 183           |        |
| <b>Total resources expended</b>               | <b>54 699</b>   | <b>14 000</b>      | <b>68 699</b>  | <b>39 224</b> |        |
| <b>Net income before gains on investments</b> | <b>8 807</b>    | <b>-12 683</b>     | <b>-3 876</b>  | <b>12 194</b> |        |
| Net gains on investments                      | 84              | 30                 | 114            | 199           |        |
| <b>NET INCOME</b>                             | <b>8 891</b>    | <b>-12 653</b>     | <b>- 3 762</b> | <b>12 393</b> |        |
| Transfers between funds                       | -14 000         | 14 000             | 0              | 0             |        |
| <b>Net movements in Funds after transfers</b> | <b>-5 109</b>   | <b>1 347</b>       | <b>-3 762</b>  | <b>12 393</b> |        |
| <b>RECONCILIATION OF FUNDS</b>                |                 |                    |                |               |        |
| Fund balance b/f at 1 Sep 2016                | 81 423          | 12 425             | 93 848         | 81 455        |        |
| <b>Fund balance c/f at 31 Aug 2017</b>        | <b>76 314</b>   | <b>13 772</b>      | <b>90 086</b>  | <b>93 848</b> |        |

| <b>Balance Sheet as at 31 Aug 2017</b> | <b>General<br/>Fund</b> | <b>Restricted<br/>Fund</b> | <b>Total<br/>2017</b> | <b>Total<br/>2016</b> |                |
|--|-------------------------|----------------------------|-----------------------|-----------------------|----------------|
|  | £                       | £                          | £                     | £                     |                |
| <b>Current Assets</b>                  |                         |                            |                       |                       |                |
| Stock in hand                          | 463                     |                            | 463                   | 1 307                 | <i>Note 9</i>  |
| Debtors                                | 75                      |                            | 75                    | 0                     |                |
| Prepayments                            | 241                     |                            | 241                   | 1 970                 | <i>Note 10</i> |
| Accrued income                         | 112                     |                            | 112                   | 427                   | <i>Note 11</i> |
| Recoverable Gift Aid                   | 165                     | 410                        | 575                   | 1 669                 |                |
| Deposit Accounts                       | 71 033                  | 26 082                     | 97 115                | 92 001                |                |
| Current Accounts                       | 5 337                   | 1 280                      | 6 617                 | 5 756                 |                |
| Petty Cash                             | 250                     |                            | 250                   | 250                   | <i>Note 12</i> |
| <b>Total current assets</b>            | <b>77 676</b>           | <b>27 772</b>              | <b>105 448</b>        | <b>103 380</b>        |                |
| <b>Current Liabilities</b>             |                         |                            |                       |                       |                |
| Creditors                              | 139                     | 14 000                     | 14 139                | 0                     | <i>Note 13</i> |
| Deferred income                        | 660                     |                            | 660                   | 8 980                 | <i>Note 14</i> |
| Accrued expenses                       | 563                     |                            | 563                   | 552                   | <i>Note 15</i> |
| <b>Total current liabilities</b>       | <b>1 362</b>            | <b>14 000</b>              | <b>15 362</b>         | <b>9 532</b>          |                |
| <b>Total net assets</b>                | <b>76 314</b>           | <b>13 772</b>              | <b>90 086</b>         | <b>93 848</b>         |                |
| <b>TOTAL FUNDS</b>                     | <b>76 314</b>           | <b>13 772</b>              | <b>90 086</b>         | <b>93 848</b>         |                |

The financial statements were approved by the trustees on 5 October 2017

Signed

Alan Lane  
Hon. Treasurer

Date: 5 October 2017

## Notes forming part of the financial statements for the year ended 31 Aug 2017

### 1. Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

### 2. Income

All income is included in the financial statements without netting off expenditure. Donations and fundraising income are treated as General Fund unless they are specifically designated by the donor for the Research Fund.

### 3. Resources Expended

Resources expended are recognised in the year to which they relate. Irrecoverable VAT is included in the relevant heading.

### 4. Funds

The General Fund comprises funds that the trustees are free to use in accordance with the charitable objects.

The Research Fund was opened in 1995 and is specifically intended to provide for financial grants to be given to research projects in the UK concerned with the study of Behçet's Disease.

#### Analysis of net assets between funds

|                    | Unrestricted<br>Funds<br>£ | Restricted<br>Funds<br>£ | Total<br>£    |
|--------------------|----------------------------|--------------------------|---------------|
| Net current assets | 76 314                     | 13 772                   | 90 086        |
| Total              | <u>76 314</u>              | <u>13 772</u>            | <u>90 086</u> |

### 5. Research Fund

The Society has received a number of donations during the year to augment the Research Fund and has agreed a grant of £14k to the University of Liverpool to support a research project starting later in 2017.

### 6. Grants received

The Society received grants during the year from the Northern Ireland Awards for All fund in respect of a conference in Northern Ireland and from the British Association of Dermatologists.

### 7. Other income

These items relate, or mainly relate, to contributions from Behçet's Patients Centres, the charitable company set up to support patients attending the three Centres of Excellence with funding from NHS England.

### 8. Salary costs

|                                  | Year ending 31 August<br>2017<br>£ | 2016<br>£                     |
|----------------------------------|------------------------------------|-------------------------------|
| Wages and salaries               | 14 148                             | 10 423                        |
| National Insurance contributions | 0                                  | 0 (after deduction of rebate) |
| Employer's pension contributions | <u>141</u>                         | <u>51</u>                     |
|                                  | 14 289                             | 10 474                        |

The charity employed 1 person for part of the year (2016 1 person).

There are no employees earning above £60 000 (2016 none).

None of the trustees, nor any persons connected with them, has received any remuneration during the year. Five trustees received expenses for travel and subsistence costs amounting to £727 (2016: £739) during the year.

The Administrator's salary and on-costs were apportioned between the activities that she undertook for the Society.

### 9. Stock

Stock consists of purchased items intended for resale and is stated at the lower of cost and net realisable value.

### 10. Prepayments

Part of the insurance premium paid in 2016/17 relates to 2017/18.

### 11. Accrued income

Sums due but not received by 31 August 2017 from CAF Donate.

### 12. Petty Cash

Expenses float held by Administrator.

### 13. Creditors

Includes provision for agreed grant to University of Liverpool £14 000 and August payroll costs due to HMRC £139.

### 14. Deferred Income

Advance subscriptions for 2017/18 received before 1 September 2017.

### 15. Accrued expenses

Provision for fees for independent examination of accounts.

**BEHÇET'S SYNDROME SOCIETY**  
**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE BEHÇET'S SYNDROME SOCIETY**  
**FOR THE YEAR ENDED 31 AUGUST 2017**

I report on the accounts of the Behçet's Syndrome Society for the year ended 31 August 2017, which are set out on pages 15 to 17.

**Respective responsibilities of trustees and examiner**

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (the 2011 Act), and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act, as amended
- to follow the procedures laid down in the General Directions given by the Charity Commissioner under section 145(5)(b) of the 2011 Act ; and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commissioner. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out below:

**Independent examiner's statement**

In connection with my examination, no matter has come to our attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Statement of Recommended Practice: Accounting and Reporting by Charities (revised 2015) have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Andrew Rodzynski ACA**  
**Critchleys Audit LLP**  
**23-38 Hythe Bridge Street**  
**OXFORD**  
**OX1 2EP**

**Date: 6 October 2017**